There are two sides to every story – and Trinidad and Tobago is no exception. On one side, there’s Trinidad: energetic, exciting; a melting-pot of races, cultures and ideas. This, for the most part, is a place of stimulus and excitement rather than relaxation. It demands participation: in a sport, a festival, a journey of discovery. A place that gives back what is put into it.

The flip side is Tobago, serene, philosophical, dreaming beneath the sun and the wash of the waves. Tobago, where the sea’s blue is startling and the roads wind like snakes along the steep green hillsides, is the place for dozing in a hammock, snorkelling on a reef, sipping a rum punch at sunset. A place for rest, or romance; for regeneration.

Toss a coin, take your pick; choose one island or both. Heads or tails – you win. Expect an unforgettable experience.
5. After you have read the extract, pause for a few seconds and then say to the candidates:

I shall now read you the extract a second time.

6. After you have read the extract, pause for a few seconds and then say to the candidates:

You now have twenty minutes to answer the questions, in writing. I will tell you when 15 minutes are up. Then I will tell you when twenty minutes are up. Begin to write your answers to the questions.

7. After fifteen minutes, say to the candidates:

Fifteen minutes are up.

8. After 20 minutes, say to the candidates:

Twenty minutes are up. Stop writing.

9. Collect the candidates’ scripts.